

# **Buddhism for Buddhist Youth Association**

## **Volume 2**

### **A. Introduction to Foundation of Buddhism**

- a. Four Noble Truths
- b. Eightfold Noble Path
- c. Twelve-Link Causation Theory

### **B. History of Buddhism Spread**

- a. Buddhism in India
- b. Buddhism in South-East Asian Countries
- c. Buddhism in North-East Asian Countries
- d. Buddhism in Vietnam
- e. Buddhism in Western Countries

### **C. Buddhist Legends and Stories**

- a. The Love and Responsibility of a Tortoise Leader
- b. The Buddha and Rahula
- c. Love and Understanding: A Story from Newspaper
- d. Buddha's Senior Disciples: Ananda
- e. Fa-Hsien (Phap-Hien): Unassuming Pilgrim

### **D. Buddhist Practices**

- a. To be Vegetarian
- b. Praying with Buddhas' Names
- c. Meditation Sitting

### **E. Bibliography and Acknowledgment**

### **F. Buddhism for Buddhist Youth Association, Volume 3**

### **G. Buddhism for Buddhist Youth Association, Volume 4**